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SACALMA

Find sanctuary in Can Ferrereta's Sa Calma Spa, an escape for those looking for head-to-toe relaxation and improved wellbeing. Stunning Santanyí, known locally as the "golden-stone village", is wedged between Ses Salines and Mondragó Natural Park close to the island's dreamiest beaches. Santanyí's honey-colored scenery and Zen atmosphere invite you to slow down and smell the pine trees while Sa Calma helps you destress and hit the reset button.

SA CALMA 120 MIN - 250 €

Our version of a dreamy bedtime story for grownups, this is a treatment that will relax and soothe your senses. The Sa Calma therapy calms and smooths away tension much like the feel of Mallorca's lovely sea breeze or the sound of waves lapping on the island's honey-toned shores.

Treatment Sequence:

- White Sand Body Scrub
- Sa Calma Body Massage with Hot Lava Shells
- Soothing Facial Drainage Massage & Hypnotic Scalp Massage

ES TRENC 120 MIN - 250 €

Like a plunge in Es Trenc's turquoise waters, this treatment refreshes, cleanses and detoxifies through the use of sea salt and algae. This beach-inspired session is like combining sun, golden sand and a gentle sea breeze, all magically trapped in a luxurious treatment.

Treatment Sequence:

- Dry Skin Brushing & Body Scrub with Flor de Sal d'Es Trenc
- Seaweed Body Wrap
- Deep Marine Purifying Facia
- Made to Measure Massage

Multi-sensory, Mediterranean-infused beauty experiences await guests entering our sumptuous Sa Calma Spa. Whether you pamper yourself with a cleansing facial as refreshing as a dip in blue waters or a relaxing massage that eases away your stress like a siesta on soft warm sand, all our unique therapies harness Mallorca's distinct personality. Cala d'Or, Es Trenc and Cala Figuera, three evocative parts of our beautiful island, provided the inspiration for our signature treatments through the use of Flor de Sal, microalgae, sea mud, essential oils, and herbal fragrances. These island treasures, all boasting considerable rejuvenating properties, are used alongside bespoke products by Anne Semonin, an exclusive luxury French skincare line with sincerity at its heart.

The use of active ingredients in the hands of skilled therapists result in treatments that are a feast for the senses and wonderfully healing and restorative. You can also rest assured that your enjoyable experience with us will continue to weave its magic long after you've left our spa and our therapists' undivided attention behind.

CALA FIGUERA 120 MIN - 250 €

The use of citrus, almond oil and rock samphire pay homage to the islands' idyllic rural settings. Our Cala Figuera treatment includes steps evoking a summer's walk through a lemon orchard, or a silent moment among the olive and almond groves of Mallorca's charming hinterland.

Treatment Sequence:

- Almond Oil Back Scrub & Aromatic Back Massage
- Mediterranean-inspired Facial
- Energetic Drainage Massage & Olive Peel Off Mask
- Hand & Foot and Scalp Massage

CALA D'OR 120 MIN - 250 €

Just as glamorous Cala d'Or impresses through its glittering opulence, this luxurious treatment shines too through the use of lush ingredients such as delicate flecks of golden shimmer. Our sparkling Cala d'Or treatment is lauded for its anti-aging and regenerative properties and will give you a wonderfully radiant glow.

Treatment Sequence:

- Glamorous Body Massage with Nourishing Balm & Hot Gold Stones
- Firming Lifting Cup Facial Massage & Energetic Drainage
- Ultimate Radiance Gold Peel Off Face Mask & Application of 24k Gold Elixir



SA CALMA FACIAL COLLECTION

SA CALMA BESPOKE FACIAL 60 MIN - 140 €//90 MIN - 190 €

A luxury facial treatment that is individual and utterly bespoke.

Combining serums, masks, and creams that have been carefully selected to perfectly suit your skin's specific needs, this treatment corrects and re-balances your skin, resulting in a dramatically more radiant, even-toned complexion.

Treatment Sequence:

- Cleansing & Exfoliation
- Energetic Drainage Massage using a suitable Intensive Complex Product
- Face Mask to suit your skin type
- Hand/Foot or Scalp Massage
- Application of Ice Cubes and Anne Semonin Product to suit your skin's requirements

MARINE MINERAL PURIFIER 75 MIN - 175 €

Deep Cleansing, Decongesting, Mineralizing.

This purifying treatment mixes steam and extraction techniques with products that do wonders for your complexion. It will reveal smooth, calm-looking skin and pores that appear more refined.

Treatment Sequence:

- Cleansing & Deep Exfoliation with Resurfacing Peel Mask
- Double Cleanse, Steam & Extractions
- Energetic Drainage Massage using Balancing Intensive Complex Products
- Professional Detoxifying Peel Off Mask
- Hand/Foot or Scalp Massage
- Application of Balancing & Detoxifying Products

PRECIOUS PEARL LIFTING FACIAL 90 MIN - 200 €

Anti-aging, Regenerating, Radiance-enhancing.

With its mind-bending mix of cryotherapy, advanced ingredients rich in amino acids, drainage and lifting techniques, this facial will combat signs of aging so that you'll leave the spa with your best face ever.

Treatment Sequence:

- Cleansing & Exfoliation using Personalized Products
- Firming & Lifting Massage
- Energetic Drainage Technique using selected Intensive Complex Products
- Firm & Lift Peel Off Mask
- Hand/Foot or Scalp Massage
- Application of Precious Pearl Ice Cubes & Revolutionary Anti-Aging products



SA CALMA BODY COLLECTION

COCOONING SCRUB & MASSAGE RITUAL

90 MIN - 195 €

Exfoliate, Nourish, Sooth

A soothing scrub will sweep away dead skin cells and the application of aromatic oils will make your skin feel as soft as a baby's. The revitalizing exfoliation and wrap are capped off with a full body massage to give you lots of get-up-and-go.

Treatment Sequence:

- Full Body White Sand & Rose Quartz Scrub
- Made to Measure Massage

AFTER-SUN SKIN SAVIOR

75 MIN - 175 €

Soothing, Moisturizing, Refreshing.

Soothe skin and moisturize dryness after a sun-soaked beach break with this calming ritual. A face & body wrap boosts oxygen flow and replenishes sun-parched skin, while a hypnotic scalp massage takes the sting out of a hot summer's day.

Treatment Sequence:

- Deep Moisturizing Body Wrap & Face Mask
- Hypnotic Scalp Massage
- Use of Soothing Body Products
- Application of Cooling & Hydrating Ice Cubes, Eye & Face Cream

PURE DETOX WRAP EXPERIENCE

75 MIN - 175 €

Detoxifying, Purifying, Uplifting.

After an invigorating sea salt, lemongrass, and peppermint scrub, you'll be cocooned in a spirulina-algae wrap to release toxins and purify your skin. A soothing scalp massage adds a calming stillness to the treatment.

Treatment Sequence:

- Detoxifying Salt & Oil Scrub
- Body Spirulina Wrap
- Hypnotic Scalp Massage
- Application of Anne Semonin Body Products to suit your skin's requirements



SA CALMA MESSAGE COLLECTION

SA CALMA MESSAGE

75 MIN - 175 €

Relaxing, Easing Muscle Tension, Balancing Body & Mind. A "reset" button for your body and mind, this relaxing massage combines a warming sensation with the wonderfully smooth feel of lava shells. Using different techniques and pressures, your therapist expertly glides the hot shells over your body, gently easing away tension caused by stress-induced muscle knots.

Treatment Sequence:

-Body Massage with Hot Lava Shells

BESPOKE MESSAGE

60 MIN - 140 €//90 MIN - 190 €

Disconnect from the world with a made-to-measure massage experience.

Traditional strokes and age-old techniques are combined with modern approaches and innovative moves during this uniquely personalized massage. A made-to-measure blend of heated botanical oils, whose soothing scents add to the ambience, are used throughout to give your skin a lovely fragrance for the rest of the day.

Treatment Sequence:

-60 min: Full Body Massage

-90 min: Full Body Massage including Face & Scalp Massage

ANTI-STRESS BACK REMEDY

60 MIN - 150 €//90 MIN - 195 €

Releasing Tension, Restoring, Relaxing.

Shut the door on the world outside with this miracle treatment created to alleviate tension in the back, neck and shoulders. Both energizing and relaxing, this stress-boosting treatment leaves you with a complete sense of wellbeing.

Treatment Sequence:

-Self-heating Mud Mask for Back

-Stress-releasing Foot, Leg & Back Massage

D-STRESS BUSTER

45 MIN - 150 €//75 MIN - 200 €

Releasing Stress, Reviving, Relaxing.

Whether you've been spending too much time behind your computer or overdoing it in the gym, your therapist's expert hands will break up knots of muscle to relieve stress and return you to the world revived and able to tackle anything.

Treatment Sequence:

-45 min: Targeting specific muscles, concentrating on back, shoulders, neck & scalp area.

-70 min: Deep and invigorating full body massage including facial and scalp massage



SA CALMA PREGNANCY & BEYOND

INTENSIVE GLOW-TO-GO

60 MIN - 140 €

Calming, Regenerating, Enhancing.

If your skin's experiencing an increase in dryness, breakouts, dark spots and/or a lackluster complexion, this soothing facial will come to your rescue by hydrating skin cells and reviving your maternal glow.

Treatment Sequence:

- Face Cleansing & Exfoliation
- Drainage Massage using Phytarosa Serum
- Deep Moisture Mask
- Hand/Foot or Scalp Massage
- Application of Soothing & Hydrating Serum, Eye & Face Cream

PREGNANCY MASSAGE

60 MIN - 140 €

De-stress, Unwind, Relax

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the body. The pregnancy specific massage is a seamless pleasure melting away fatigue and revealing and radiant you.

PREGNANCY & BEYOND SPA RITUAL

75 MIN - 175 €

Pampering, Rejuvenating, Radiance-enhancing.

A wonderfully healing and regenerative treatment, the prenatal massage technique and tailored facial will give your face instant luminosity and leave your body feeling relaxed and deliciously rejuvenated.

Treatment Sequence:

- Personalized Back Massage
- Face Cleansing & Exfoliation
- Drainage Massage using Phytarosa Serum
- Deep Moisture Mask
- Hand/Foot and Scalp Massage
- Application of Soothing & Hydrating Serum, Eye & Face Cream



SA CALMA GENTLEMEN'S COLLECTION

BESPOKE GENTLEMEN'S FACIAL

60 MIN - 140 €

Totally tailored to suit a gentleman's skin and needs. Whether your face is showing telltale signs that you've been burning the midnight oil or you're keen to get rid of those pesky oily patches, your therapist will combat your skin's issues and ensure you'll leave looking fresher and more evenly toned.

Treatment Sequence:

- Cleansing & Exfoliation
- Energetic Drainage Massage using a suitable Intensive Complex Product
- Face Mask to suit your skin type
- Hand/Foot or Scalp Massage
- Application of Anne Semonin Product to suit your skin's requirements

PEDICURE

60 MIN - 65 €

Grooming foot care treatment. Includes removal of cuticles, calluses, polishing and renewal of the appearance of the nail, exfoliation and relaxing foot-massage.

BUSY MINDS DE-STRESSOR

60 MIN - 140 €

De-Stressing, Balancing, Recharging.

This treatment begins with a back therapy with the use of hot lava shells that releases tension and restores calm to busy minds. A bespoke facial will then reveal healthy-looking skin while a scalp massage will help you sink further into a place where deadlines don't exist.

Treatment Sequence:

- Back Massage with Hot Lava Shells
- Face Cleansing & Exfoliation
- Cooling & Toning Mask
- Scalp Massage & application of eye and skin product

MANICURE

45 MIN - 55 €

This nourishing manicure includes gentle cuticle removal, nail polishing and renewal, exfoliation and a relaxing foot massage.



SA CALMA TEEN'S COLLECTION

TEEN FACIAL 30 MIN - 65 €

Treat your face to a little TLC while your hands and feet are pampered with a silky-soft massage at the same time.

BLISSFUL BODY MASSAGE 45 MIN - 95 €

Pick your most favorite aromatic oil from our collection and enjoy a dreamy body massage.

FLAKE-AWAY BODY SCRUB 30 MIN - 65 €

A super relaxing body peeling will leave your skin feeling velvety soft and smelling yummy all day.

YOGA CLASSES & MEDITATION

You can't beat that carefree post-yoga feeling. Muscles stretched, mind cleared, and inner wellbeing restored.

Our yoga classes take place in one of Sa Calma Spa's outdoor areas and they help you refresh and restore your energy centers. We offer alternating Sun Salutation, Chakra Balancing or Meditation classes. Please refer to the weekly schedule for more detailed information.

* This range of treatments is exclusively reserved for teenagers (14-16 years old). Teens must be accompanied by a parent, who must be present all the time. It's a perfect opportunity for mum or dad to enjoy a treatment too.

NAILS TO GO 30 MIN - 40 €

After nails are buffed, they are massaged with a heavenly-scented hand cream. Perfect fingers are finished off with a sweep of polish in your favorite color.

SPEEDY PEDI 30 MIN - 40 €

Nails are buffed and toes perfectly polished during this toe-tingling treat. Your feet will feel as soft as feathers after they've been pampered with a sweet-smelling body lotion.

ONE TO ONE 60 MIN - 100 €

A private yoga session designed around your needs.

COUPLES YOGA CLASS 60 MIN - 150 €



SA CALMA SPA BASICS

SA CALMA MANICURE

75 MIN - 85 €

Although nails and cuticles are gently worked to look groomed and an invigorating white sand scrub exfoliates away dry skin, it's after a luscious hand massage that we defy you to stop admiring your younger-looking hands. The treatment includes the choice between a buff or the application of your preferred shade of nail polish.

SA CALMA PEDICURE

75 MIN - 85 €

Pamper your hard-working feet with a deep exfoliation and hydrating mask to smoothen and soften the skin. Next, cuticles and nails are groomed to perfection before legs and feet are treated to a stimulating foot massage. The treatment includes the choice between a buff or the application of your preferred shade of nail polish.

ESSENTIAL MANICURE

60 MIN - 75 €

This manicure includes the choice between an immaculate tidy up and buff or application of your preferred shade of nail polish.

ESSENTIAL PEDICURE

60 MIN - 75 €

Spruce up summer toes with this quick-fix pedicure. Includes the choice between a buff or application of your preferred shade of nail polish.

FINISHING TOUCHES

WAXING

Upper lip wax - 20 €
Under arm wax - 25 €
Full arm wax - 55 €
Bikini wax - 35 €
Half leg wax - 55 €
Full leg wax - 65 €
Chest wax - 55 €
Back wax - 65 €

"Beautiful Nails & Colorful Stories"

PROFESSIONAL SEMI-PERMANENT NAIL POLISH

30 €

Resistant, colorful and free from dangerous chemicals. Only available in combination with one of our manicures or pedicures.

FILE & POLISH

30 MIN - 40 €

Nails are immaculately filed and shaped before your preferred shade of nail polish is applied to perfection.

SEMI-PERMANENT NAIL POLISH REMOVAL

30 €

This treatment focuses on the careful removal semi-permanent nail polish.

EYELASHES & BROWS

Eyelash tint - 30 €
Eyebrow tint - 25 €
Eyebrow shape - 25 €



HOW TO SPA & A FEW OTHER THINGS!

SHOULD I MAKE A TREATMENT RESERVATION IN ADVANCE?

Yes, it's best to book when (or before) you arrive at Can Ferrereta to ensure availability.

WHO CAN HELP ME CHOOSE A TREATMENT OR TREATMENT SEQUENCE?

Whether you're looking to book one or multiple treatments, our therapists can guide you through our menu and help you plan the perfect spa experience.

WHAT IS YOUR CANCELLATION POLICY?

A minimum of 24-hours' notice is required to cancel or reschedule an appointment. If a cancellation or rebooking is made within 24 hours, you'll be charged 50% of the treatment price. No-show guests will be charged the full price of the booked treatment.

HOW DO I PAY FOR SPA SERVICES?

We accept all major credit cards. You may also charge spa services to your hotel bill if you are staying at Can Ferrereta.

WHAT IF I'M LATE FOR MY APPOINTMENT?

Treatments end at the scheduled time so your treatment will be shortened if you arrive late. We would not want you, or any of our other guests, to have to wait because a prior appointment is running late. We also charge the full amount for a treatment, regardless of what time you arrive for your appointment.

MAY I BRING MY CHILD TO THE SPA?

Minors between 14 and 16 are welcome to use the spa facilities, always accompanied by an adult. A range of treatments specially designed for them are also available.

WHAT IF I'M PREGNANT?

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa experts when you make your appointment. Our therapists are happy to help choose the right treatment for you.

WHAT IF I HAVE SPECIAL HEALTH CONSIDERATIONS?

Please notify our spa experts before scheduling your treatments if you have high blood pressure, are pregnant, on medication, suffer from allergies or any other physical ailments or disabilities. If you have any concerns at all, please let us know. And if you experience any discomfort during your treatment, please alert your therapist immediately.

Sa Calma Spa Policies

WHEN SHOULD I ARRIVE?

We kindly ask you to arrive 15 minutes prior to your appointment so you can complete the spa consultation form.

If you are a guest in-house we invite you to arrive 40 minutes before your appointment so you can relax in the indoor pool and use the Thermal Area before your treatment starts.

You'll need to book a 30-minute appointment to use the Thermal Area (hammam, sauna, and sensation shower) and we're happy to make a reservation for you. Please note that this area is for in-house guests only.

HOW CAN I MAKE THE MOST OF MY TREATMENT?

This is your time and you should enjoy your treatment to the full. Please let us know if you'd like us to adjust the room temperature, amount of massage pressure or music volume so you can have an unrivaled spa experience.

WHAT SHOULD I WEAR?

Upon arrival, we will provide you with everything you need: Towel, bathrobe and bath slippers (also available in your room). Changing rooms and lockers are at your disposal. We remind you that in the thermal area it is compulsory to wear a swimming costume.

WHAT WILL I WEAR DURING MY TREATMENT?

You will be provided with disposable underwear.

WHAT ABOUT MY JEWELRY?

We advise you to leave jewelry and other valuables in your room's safe. The hotel does not assume liability for any valuables left in the spa.

CAN I USE MY ELECTRONIC DEVICES?

Please respect other guests' tranquil me-time by not using your mobile phone and/or any other electronic devices in the spa.

BEAUTY AND SUN PROTECTION PRODUCTS

Are available for sale at the Spa desk. Consult your therapists for the most suitable products for your skin type.



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OPENING HOURS

Spa every day from 9:00 a.m. to 8:00 p.m.
Treatments with previous booking only
Gym 24h

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